

Welcome to Luton Inpatient Rehabilitation Unit

We are the the
Luton Inpatient
Rehabilitation Unit
based in Capwell
Grange Bonetti
House, Luton.

Get in touch

Luton Inpatient Rehabilitation Unit

Capwell Grange
Bonetti House
Addington Way
Oakley Road
Luton
Bedfordshire LU4 9GR

m: 07790 348 034



Service information guide

Luton Inpatient Rehabilitation Unit

Capwell Grange, Bonetti House



About us

We are the the Luton Inpatient Rehabilitation Unit based in Capwell Grange, Bonetti House, Luton.

Our service is built around the needs of patients and is integrated with social care services, carers and voluntary organizations in Luton. The team provides multi-disciplinary rehabilitation to support people in regaining and maintaining their independence, assessing, setting goals and developing a rehabilitation plan.

We aim to enable patients to become as independent as possible after an illness or accident by supporting them after discharge from hospital.

We provide the following:

- An assessment of how you are currently managing
- Advice on how to increase and maintain your independence
- A 2 week assessment period
- A treatment programme, working towards greater independence for a period of up to 4 weeks
- A home visit may be arranged to ensure optimal safety for when discharged home

- Any equipment to improve your function and activities of daily living as part of your treatment program during the 4 week period.

Luton Inpatient Rehabilitation Unit

We are a 20 bed unit where we aim to encourage and improve independency and progress through goals that are set out at the start of rehabilitation. We aim to see every patient every day whether it being 1 to 1 or during a group activity class.

How we work

Here at the Luton Inpatient Rehabilitation Unit we all work as part of a team to ensure the best and most effective rehabilitation is given. You will be seen on a regular basis by:

- Physiotherapists
- Occupational Therapists
- Therapy Technicians
- Social Worker
- Health Care Assistants
- Nurses
- General Practitioner

What we can offer

- Exercise sessions within the Rehabilitation Unit environment – using any relevant equipment required.

- Exercise or mobility practice within the rehab unit to help improve endurance
- Exercises within your room, seated, standing and transfer practice
- Outdoor mobility practice (depending on level of ability)

What would you like to achieve whilst in your stay in the Luton Inpatient Rehabilitation Unit?

1)

2)

Any questions you would like to ask?